## Helping families navigate the decisions they face immediately after the loss of a loved one

If you've never experienced the loss of a loved one, you can't really imagine how many practical details there are to manage. Making burial arrangements, hosting family and friends, planning and coordinating funeral services, managing grief and stress, and ensuring you have the resources to pay for it all are just a few of the tasks you'll need to focus on in the days following your loss.

Carson's Village provides a wide range of free support services to help your family navigate this difficult time. Contact us as soon as possible so that we can help you avoid the many common pitfalls that come with an unexpected loss.

## **Grief Journey**

In addition, Carson's Village offers grief support. Through Carson's Village, families can access peer-to-peer support, group grief support, and assistance choosing an individual therapist. Navigating your grief journey isn't easy and Carson's Village will be with you along the way.



"This process is hard to navigate. The Advocate was there to provide guidance; all the steps were there to make it easier" - Robert P.



## How We Can Help

- Assign a compassionate, live Advocate to walk you through the process
- Navigate the funeral home experience to include funeral and cremation information and pricing
- Provide individualized resources to meet your needs
- Provide a tool to help you raise money from your friends, family, and community
- Create a family webpage to organize and communicate family needs and news
- Provide resources to address the increased stress and anxiety you and your family will face during this difficult time
- Financial coaching and cost assessments to help reduce expenses
- · Provide a timeline of to-dos
- Provide templates to write an obituary or eulogy
- · Coordinate food, guests, and visitors

## Things to consider before you start making decisions:

- Try to avoid releasing your loved one to a funeral home until you a have a plan in place. Your Advocate can help you create that plan.
- Be careful before setting up a fundraising site. Depending on the site, the fees can be substantial and impact how much money can be directly raised for the family.
- You have options for where you can purchase a casket, urn, and grave markers. Check our resource library for helpful links.

Carson's Village
Can Help You

www.carsonsvillage.org